

AMISK SCHOOL

I Can...You Can...We Can...Succeed!



SEPTEMBER
2024

Dear Families, Principal's Message

It's hard to believe that we've already reached the end of September! Our school year is off to a fantastic start, and I want to extend my heartfelt thanks to all of you for the continued support and engagement during these first few weeks. The excitement and enthusiasm from our students and staff have set a positive tone for the year ahead.

Throughout September, our focus has been on building strong classroom communities, establishing routines, and fostering a sense of belonging for all of our students. I am so proud of how well our young learners have adapted to being back in school. They are eager to learn, and our teachers have been working hard to ensure that every child feels safe, supported, and ready to succeed.

As we move into October, we will continue to focus on foundational skills in literacy and numeracy, while also encouraging creativity and critical thinking. We are committed to helping each student grow academically, socially, and emotionally. We have several exciting events coming up in the next few weeks, including Fire Safety, Neon Dress Up Day, Downtown Library, Basket of Greatness and Halloween. Keep an eye out for more information on these!

Once again, thank you for being such a vital part of our school community. Your partnership is essential in making this year a success, and I look forward to continuing to work together for the benefit of our students.

Warm regards,

Jeanene Dewald



Amisk School
PO Box 70 Amisk, AB
T0B 0B0
PH: 780-856-3771
Website:
www.btps.ca/amisk

Upcoming Events!

Check out all the exciting things happening at the Amisk School in the upcoming months

Sep 30- Truth and Reconciliation Day: No School

Oct 3- Lifetouch Picture Day.

Oct 8- Fire Safety.

Oct 14 - Thanksgiving Day : No school.

Oct 17- Neon Day and Downtown library.

Oct 29- B of G.

Oct 31 - Halloween party.

AMISK SCHOOL INFO!

- PLEASE MAKE SURE TO CHECK OUT OUR WEBSITE [HTTP://AMISK.BTPS.CA/](http://amisk.btps.ca/) . HERE YOU CAN FIND A CALENDAR WITH IMPORTANT EVENTS, FORMS OR NEWS FROM THE SCHOOL.

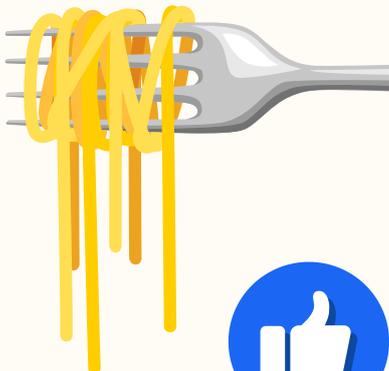


- LIBRARY HAPPENS EVERY WEEK FOR STUDENTS IN GRADES K-3 ON THURSDAYS. PLEASE MAKE SURE TO RETURN COMPLETED BOOKS EACH WEEK SO YOUR CHILD IS ABLE TO SIGN NEW ONES OUT.

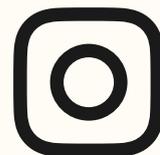
-AMISK SCHOOL IS A NUT AWARE SCHOOL. FOR MORE INFO CHECK OUR HANDBOOK ON THE AMISK SCHOOL WEBSITE.

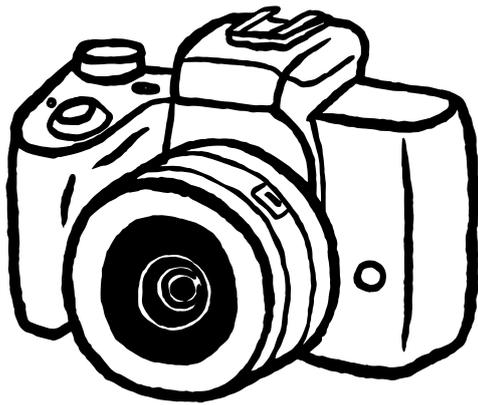


HOT LUNCH DAYS FOR THE MONTH ARE OCTOBER 8TH. OCTOBER 15TH, AND OCTOBER 22ND.



FIND US ON,
FACEBOOK AND
INSTAGRAM





Lifetouch school pictures will be happening on October 3rd!

K-3 HALLOWEEN SCHOOL PARTY WILL TAKE PLACE ON THURSDAY OCTOBER 31ST. STAY TUNED FOR DETAILS ABOUT HOW WE WILL CELEBRATE THIS DAY!



THANK YOU

**Nutrien Ag Solutions
Edgar Eldering**

For sponsoring the Amisk School Basket of Greatness Apple Award Gift Cards.
We appreciate the support!!!

Amisk school collects can tabs that we donate to the Ronald McDonald House. They unfortunately do not take them anymore, so we are looking for somewhere new to donate them.



BASKET OF GREATNESS

Thank you to everyone who came to our Basket of Greatness ceremony. It is important to continue to recognize the stellar students in our classrooms each month. Thanks again to the Amisk Public Library for your donation of books for our apple award winners!

September 24th, 2024

Kindergarten

Gwen– Great work on learning her letters and sounds and being a kind and respectful friend

Murdoch – great work in Math with printing numbers and counting! He is a great friend and helper

Grade 1

Elyse - Kind to all. Great leader in the classroom.

Emma- She is a great helper and always includes others.

Grade 2

Reeves – Being a great helper and leader in the classroom.

Carter– Is a good friend.

Grade 3

Kenna – Is a kind and considerate classmate.

Vaughn– Is a diligent and careful worker.

Cub Coupons to

Vanica, Kamden, Tucker, Millicent, Reeves, Carter M, Myla, Aurora, Jayden

Draw for Walmart \$10.00 gift cards sponsored by NUTRIEN

Reeves– Grade 2

Gwen– ECS

Entertainment by the Grade One Class



CLASSROOM HAPPENINGS



Kindergarten

Wow, September has come to an end and October will be here soon! The Kindergarten students have been learning about the daily routine in the classroom, school rules and making new friends. In Literacy the students have been learning the uppercase letters and sounds, printing their names and letters and read lots of back to school and fall stories. In Numeracy we have been practicing printing and learning the numbers from 1 to 10. In October we will start learning about making patterns. In Social Studies we have been learning All About Me! In Science the students have been learning about what is a Scientist and what tools they need. In Gym we have been playing a lot of new tag games. September has been busy with whole school activities also. We are all looking forward to October we have lots of fun and learning planned.



CLASSROOM HAPPENINGS



Grade 1

Whew! What a busy month September was. It has been wonderful getting to know all the students this month. It was so great to see families and meet new families at our open house. This month we have been busy with getting familiar with classroom routines and expectations. We have been talking a lot about green and red choices and how to be problem solvers. The students are currently working on reviewing the letters of the alphabet including naming the letter and the sound of the letter. In math we starting with a quick sorting unit and are now working on number sense, focusing on numbers 1 - 10. We had our Terry Fox walk, our fist Basket of Greatness of the year, where the grade ones provided the entertainment, and learned and showed our support with Orange Shirt Day. I am looking forward to what the rest of the year will hold.



CLASSROOM HAPPENINGS



Grade 2

Amazing! This has been an incredible start to the school year! The second-graders have put September behind them and can't wait for all the month of September has to bring! The Grade 2 students have started the school year right sticking to daily routines in the classroom, working hard at learning all the new material, catching up with old friends making new ones. In English Language Arts, the students have been learning how to participate in a sharing circle, proper capitalization and punctuation and reading lots of new books. The different ways to measure time and how to read a calendar has been the September focus of Math. Plus, we have been learning all about compasses, cardinal directions and mapping in Social Studies. In October we will start examining the structure of fiction and non-fiction stories, explore what a community is and look at collecting data as well as graphing. The next month will be filled with plenty of fun and lots of great learning opportunities!



CLASSROOM HAPPENINGS



Grade 3

We have begun our spelling work for the year and are all working on words at our level. We have also begun to explore different parts of grammar. Coming up in October we are going to be practicing our oral reading fluency. In math we have been looking at graphs and tally charts. Graphs are an easy way to tell the results of data we collect in tally charts. We are looking forward to working with numbers in October. Global citizenship has been our focus in social studies. We know that we are part of a bigger community and we can respect other people. We also have learned that children have rights and we are making posters about those. Please look for them when you are in the school the next time!





We are beyond grateful for the incredible support shown during this year's fundraising efforts for the Terry Fox Foundation! Thanks to the generosity and spirit of our amazing students, staff, families, and community members, we've raised over \$2,000 in donations! A special shoutout to Lakeside Dugout for providing cool treats that the students enjoyed following the walk. Also thank you to the wonderful family who donated the "Treats" for "Toonies for Terry" and everyone who participated in the fundraiser—your contributions truly made a difference. Together, we've not only honoured Terry Fox's legacy, but also helped continue the fight against cancer. Thank you to everyone who donated, volunteered, and supported this important cause. Your kindness and generosity show that we are stronger together. Let's keep Terry's dream alive!





Orange Shirt Day September 26th, 2024



Communities coming together in a spirit of reconciliation and support.



OPEN HOUSE



The halls of Amisk School were alive with excitement as students and their families gathered for our annual Open House. We want to extend a heartfelt thank you to everyone who took the time to join us and make the evening so special. A special thank you to Board Trustee, Tanya Form, for her participation in both the Open House and the first PAC meeting of the year that followed. We'd also like to give a big shoutout to EA Sheree Unrau for crafting the delicious cupcakes that everyone enjoyed throughout the event - they were a real treat! Thank you all for making the evening such a memorable one, and we look forward to an amazing year ahead!





ATTENTION

AMISK

PAC

MEETING

Friday, November 1, 2024

9:15 AM

**2024-2025
4-H Year**

**Come
Check
out
what
4-H has
to offer**

Amisk 4-H



CANADA
4-H Alberta

Previous projects

- Beef
- Archery
- Sheep
- Horse
- Crafts
- Photography

**OCT 6, 2024
2PM**

**Registration
&
First Meeting
Amisk Curling Rink**



Learn To Do By Doing

CANADA

4-H has great
camps and
opportunities

**FOR MORE INFORMATION,
CONTACT SHAWNA AT +1 (780) 252-0277**

Fighting off fall fatigue

As we adjust back into the school routine, we may be tempted to reach for an energy drink to ward off an afternoon slump or early morning fatigue. While their marketed with claims of increased energy and improved concentration, what do we really know about energy drinks?

- Energy drinks can contain caffeine, added sugars and other stimulants.
- A single energy drink can contain 160-180mg of caffeine which is almost half of Health Canada's recommended daily intake for adults (400mg daily) and over the maximum amount recommended for children and youth (100mg daily).

Effects of caffeine and sugar from energy drinks

- Caffeine stimulates the central nervous system for up to 6 hours.
- Caffeine can increase blood pressure, irritability, restlessness, nervousness and contribute to difficulty sleeping, irregular heartbeat, headaches and tremors.
- Caffeine can affect how some medications work.
- One energy drink can contain up to 54 grams of sugar which is the same as 13.5 sugar cubes.
- The quick-digesting sugars in these drinks can lead to significant energy spikes and crashes.

Risks of energy drinks

- High amounts of sugar, which adds calories, and can increase blood sugar in those who have diabetes.
- High amounts of caffeine, which can make high blood pressure and abnormal heartbeats more likely in those who have heart problems.
- The caffeine in energy drinks may make it harder to sleep. Over time this can lead to sleep deprivation.
- Mixing energy drinks and alcohol together can make the effects of alcohol harder to notice. People may feel they are not as intoxicated as they really are and drink more.

Talk to your children and youth about energy drinks and caffeine:

- Have informed conversations about these drinks.
- Explain that energy drinks are not meal replacements and drinking them on an empty stomach can worsen side effects.
- Mixing energy drinks with alcohol can be dangerous.
- Encourage other ways to increase energy such as a consistent sleep schedule, regular physical activity and balanced eating.
- Make gradual steps to reduce intake instead of stopping abruptly as withdrawal symptoms can happen.

MORE RESOURCES

Visit myhealth.alberta.ca and search "Energy Drinks"



For information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642



SCHOLASTIC

Welcome back to school students and families! The Scholastic Reading Club is now available for the 2023-24 school year. At the start of this month one member from each family should have received a paper copy of our scholastic flyer. The online version of the flyer (Digi-flyer) will be included in each month's newsletter as well as sent by email for easy online ordering.

If you are new to Scholastic you will need to sign up an account online.

To set up a new account, go to scholastic.ca/rc/digiflyer. On the left side click Reading Club, then click Create an Account. Follow the links and instructions. Purchases are by credit card; no more cheques are to be made to Scholastic Canada

It is important to note Scholastic is no longer accepting payment by cheque; a credit card will now be required to pay for any Scholastic orders.

DID YOU KNOW?

By using the code **RC272526** you can support the Amisk School and help us to buy books for our students! All orders will require the code when you get to the cart to checkout and it will remain the same for the entire year.

All purchases will be sent directly to your home or the post office.

Have Questions?

Be sure to contact Mrs. Flaade at the school by calling 780-856-3771!



Report cards and Parent Portal Information 2024-25

This year we will be continuing with online grade reporting. If you have not already please make sure you register to access your child's report cards by calling Ashley at the office!

Frequently Asked Questions:

1. Will there still be printed copies of report cards for each reporting period? No, there will not be printed copies of report cards sent home for each reporting period for Grades 1-3.
2. When are the reporting periods for Kindergarten? There are 3 reporting periods; December, March and June.
3. Will there still be Student-led Conferences (Parent-Teacher Interviews)? Yes, Amisk School and BTPS believe that parent-teacher communication is vital in our quest to maximize student learning. There will be interviews scheduled in the fall and spring.
4. How do I get the information I need to set up a BTPS Parent Portal account? Contact your child's school to verify your e-mail address in our software program and let them know the child/children you are needing to set up an account for. The school will then request the Student Information Services Department to email the information to you.
5. Do I need a different account for each child? No, you will be able to create one account, choosing your own username and password. Once you are logged in, you will be able to access all the children that you linked to the account.
6. Can parents each have their own account? Yes, as long as the accounts are not created with the same email address.
7. Can students access the portal? Yes, they log in to the same portal, but they use their BTPS network login. They do not need to request information to create an account and they only see their data, not data of siblings.
8. Is the BTPS Parent Portal only available as web pages? No, there is also a mobile app called PowerSchool Mobile which is available for download in the App Store or on Google Play. Our district code for the app is GFST.
9. What information can I see in the BTPS Parent Portal? You will be able to see attendance, marks, comments, teacher email addresses, BTPS Transportation fees and BTPS tuition fees (not individual school fees), student demographic information, public messages on the School Bulletin and general school information.
10. Why is BTPS moving to electronic reporting of marks? There are a number of reasons:
 - * 24/7 access to mark and comment information will promote student-parent-teacher teamwork based on current assessment data.
 - * Mark and comment data will be accurate, timely and informative.
 - * Teachers will be commenting on individual assignments to give guidance for upcoming assignments: effective and timely feedback is a critical component of success.
 - * Alberta Education and post-secondary institutions are moving to electronic reporting and we want to help prepare parents and students.

For further information please contact the school at 780-856-3771.

Thank you, Amisk School Teaching Staff