

# AMISK SCHOOL

I Can...You Can...We Can...Succeed!

OCTOBER  
2024

## Principal's Message

Dear Families,

As we close out October, I want to extend a heartfelt thank-you to our students, families, and staff for making the start of this school year so successful. Our classrooms have been buzzing with excitement and learning, from engaging science explorations to creative math lessons. Watching our students grow and thrive every day is a true joy.

October has been a busy month, and it's wonderful to see the dedication of our school community in creating a safe, caring, and vibrant environment. We've had the chance to explore fall themes, enjoy a field trip to the Amisk Fire Hall, take part in Neon Day, and build connections in our classrooms. Thank you for your ongoing support and for partnering with us in your child's education.

Looking ahead, November will bring new opportunities for growth and discovery. On November 19 & 21 we encourage families to connect with their child's teachers at Parent/Teacher Interviews.

We hope you will stay connected through our school events and activities—your involvement makes a world of difference.

Wishing everyone a warm and spooktacular end to October!

Warm regards,

Jeanene Dewald



Amisk School  
PO Box 70 Amisk, AB  
T0B 0B0  
PH: 780-856-3771  
Website:  
[www.btps.ca/amisk](http://www.btps.ca/amisk)

# Upcoming Events!

Check out all the exciting things happening at the Amisk School in the upcoming months

**Nov 1:** PAC Meeting at 9:15 AM

**Nov 5:** Subway Hot Lunch

**Nov 7:** Remembrance Day

Ceremony at 11:00 a.m. Wear red.

**Nov 11:** Remembrance Day No school.

**Nov 12-15:** No School for students

**Nov 19:** Pork and Pickle Hot Lunch

Scholastic Book Fair Begins

Parent Teacher Conferences 4:00 PM -7:00 PM

**Nov 21:** Parent-Teacher Conferences 4:00 PM- 7:00 PM

**Nov 26:** BofG at 11:08 AM

**Dec 12:** Amisk School Christmas Concert (1:00 PM and 7:00 PM performances)



## AMISK SCHOOL INFO!

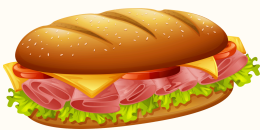
- PLEASE MAKE SURE TO CHECK OUT OUR WEBSITE [HTTP://AMISK.BTPS.CA/](http://amisk.btps.ca/) . HERE YOU CAN FIND A CALENDAR WITH IMPORTANT EVENTS, FORMS OR NEWS FROM THE SCHOOL.

LIBRARY HAPPENS EVERY WEEK FOR STUDENTS IN GRADES K-3 ON THURSDAYS. PLEASE MAKE SURE TO RETURN COMPLETED BOOKS EACH WEEK SO YOUR CHILD IS ABLE TO SIGN NEW ONES OUT.

-AMISK SCHOOL IS A NUT AWARE SCHOOL. FOR MORE INFO CHECK OUR HANDBOOK ON THE AMISK SCHOOL WEBSITE.



HOT LUNCH DAYS FOR THE MONTH ARE NOVEMBER 5TH AND NOVEMBER 19TH



FIND US ON,  
FACEBOOK AND  
INSTAGRAM





We're thrilled to welcome back Mrs. Johnson and her adorable little helper as they return as our Breakfast Program Coordinators for the school year! You'll find them in the building every Tuesday and Thursday morning, serving up delicious breakfasts to fuel our students for a great day ahead.

## **THANK YOU**

**MONICA HILL  
FOR VOLUNTEERING  
YOUR TIME AT AMISK  
SCHOOL AND  
PUTTING ON THE  
RUNNING CLUB!**



*Thank  
you!*

## **HUGHENDEN THRIFT STORE**

For the wonderful donation towards our Hot Lunch and Breakfast Program. Your generosity will help to feed many students this school year!



**Amisk school collects can tabs that we donate to the Ronald McDonald House. They unfortunately do not take them anymore, so we are looking for somewhere new to donate them.**



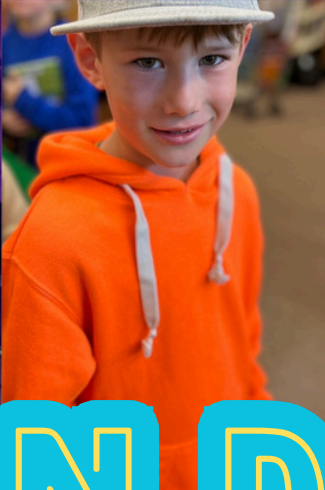


# TREE OF KNOWLEDGE



HAVE YOU SEEN THE INCREDIBLE TREE OF KNOWLEDGE AT AMISK SCHOOL? EACH WEEK, OUR CURIOUS GRADE 2 AND 3 STUDENTS TACKLE A NEW QUESTION, DIVING INTO READING, WRITING, AND RESEARCH TO FIND THEIR ANSWERS! THEIR THOUGHTFUL RESPONSES ARE DISPLAYED ON THIS MAGICAL TREE, GROWING MORE FASCINATING WITH EACH PASSING WEEK. COME BY TO CHECK OUT THE FUN FACTS AND UNIQUE IDEAS OUR YOUNG SCHOLARS ARE SHARING—WHO KNOWS WHAT YOU MIGHT LEARN!





# NEON DAY





AMISK SCHOOL



REMEMBRANCE  
DAY CEREMONY

NOVEMBER 7, 2024  
11:08 AM  
IN THE SCHOOL GYM

STUDENTS ARE ENCOURAGED TO WEAR RED

*- lest we forget -*

# BASKET OF GREATNESS

Thank you to everyone who came to our Basket of Greatness ceremony. It is important to continue to recognize the stellar students in our classrooms each month. Thanks again to the Amisk Public Library for your donation of books for our apple award winners!

**October 29, 2024**

## Kindergarten

Rieka— She is a hard worker and a math whiz! She is a helpful and kind.

Finnegan – He is an enthusiastic learner and a great friend.

## Grade 1

Sarah - She is a great writer and friend.

Tao-- He has a positive attitude and is a math whiz.

## Grade 2

Claire – Is a pleasure to have in the classroom.

Lincoln— Is a hard worker and makes good choices.

## Grade 3

Brayden - He has vast knowledge about a lot of topics that bring interest to our classroom discussion.

Jeremy - He has made noticeable improvements in his reading and writing skills since joining our class in June of last year

Wynter - She is a very conscientious student who completes all assignments quickly and accurately.

## Cub Coupons to

Murdoch, Knox, Emma, Elyse, Levi, Rowan

Draw for Walmart \$10.00 gift cards sponsored by NUTRIEN

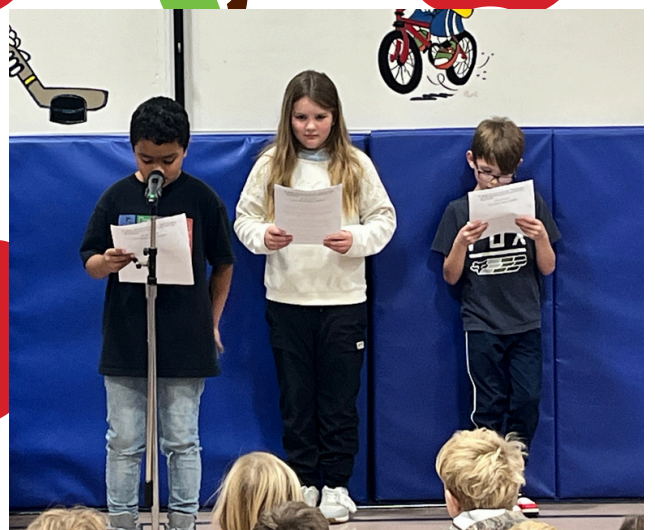
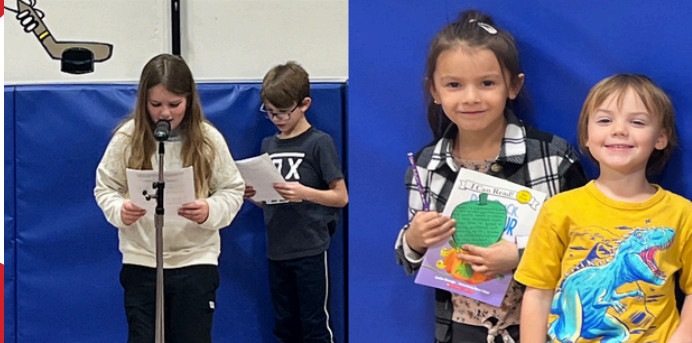
Tao— Grade 1

Wynter— Grade 3

MC done by the Grade 3 Class

Entertainment by the Grade Two Class







**Amisk School  
Scholastic**

**BOOK FAIR**



**Open During Lunch Hour Recess And  
Both Evenings Of Parent Teacher**

**Conferences From 4:00 Pm- 7:00 Pm**  
**MORE INFORMATION ABOUT HOW TO BOOK AN INTERVIEW WILL BE  
COMING SOON!**



A large orange pumpkin graphic with the words "TRICK or TREAT" written in a stylized font. The word "or" is smaller and in a cursive font. Above the pumpkin are decorative elements including a lollipop with a red and white swirl, a yellow ring, and a red flower. The background of the entire page is orange with black spiderweb patterns.

# TRICK or TREAT



## HALLOWEEN







BOO!









# CLASSROOM HAPPENINGS



## Kindergarten

October flew by and the new month of November has arrived. The Kindergarten students have been very busy learning, playing, experimenting and making new friends. The students have been working very hard on learning their uppercase letters and sounds. In Math we have been working on patterns and numbers.

We have some great counters in the Kindergarten room. In Science we are learning about our five senses and doing all sorts of fun activities. In Social class we are talking about being unique and all about me! The Kindergarten students are very artistic. They have made many beautiful art projects including their pumpkins. The Students had a great day celebrating Halloween. We look forward to having a great month of November.





# CLASSROOM HAPPENINGS



## Grade 1

Happy October! What a month we had! In literacy students have been working hard at reviewing their alphabet knowledge and have started reading consonant vowel consonant words. We started our first writing unit and have been learning all about being illustrators and using our five senses to illustrate stories. In math we finished up our numbers to 10 unit and will be starting an introduction to patterns. We are learning all about being Scientists and started learning about the needs of plants and animals. In Social Studies we have started learning about how each and every one of us unique and how special all the things are that make us, us. November is going to go by so quickly!

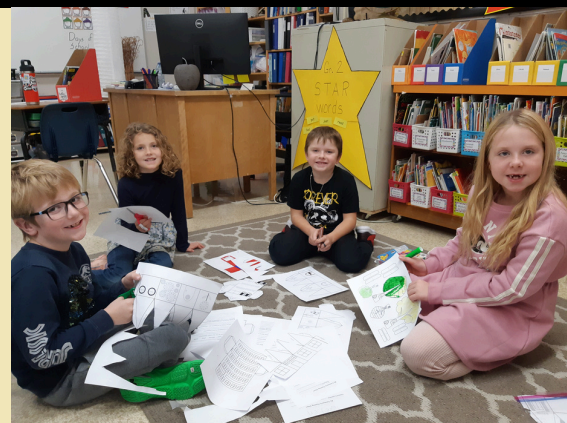


# CLASSROOM HAPPENINGS

Grade 2



September and October have come and gone in Grade 2 and November is upon us. This past month went by quickly with the kiddos learning about what a community is and the different types of communities in Social Studies. They will be moving on to a study of Acadian culture and traditions as well as what daily life in Meteghan looks like in November. The students completed their Math unit on Time at the beginning of October and have been working hard at learning about numbers up to 1000. It's wonderful to see how they understand more and more each day. In English Language Arts, the boys and girls have been practising their reading and writing skills and just completed a big spelling test. They'll be moving to an examination of the different forms used to organize messages in November as well as a continuation of reading and writing practise. In Science, the students are investigating properties of materials and relating them to a purpose. They are identifying the differences between natural and processed materials and identifying natural materials and objects used by First Nations, Metis and Inuit people.



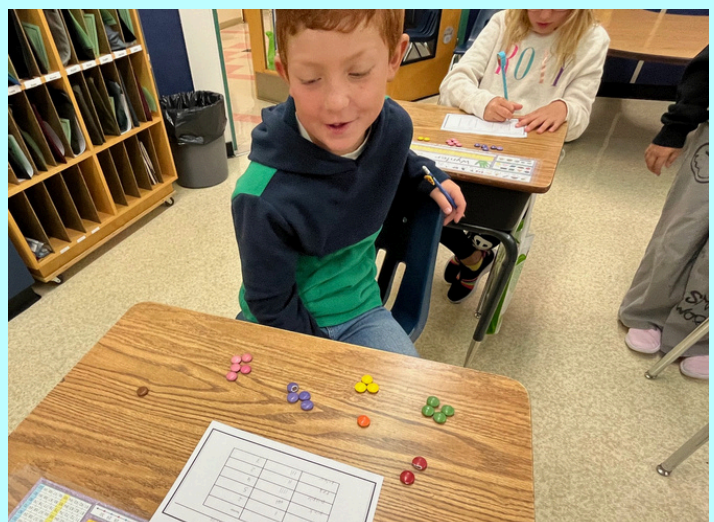


# CLASSROOM HAPPENINGS



## Grade 3

October has been a very busy month in Grade 3. We finished up our unit on graphing and have moved onto learning about numbers to 100,000. Who knew that writing numbers could be challenging at times!!! In Language Arts we are enjoying learning about myths and the lessons we can learn from them. India is our next topic of study in social. We think that country is going to be fun to learn about because it is so far away from us. When we looked at some pictures of India, we noticed that their way of life looks very different than ours. We are looking forward to taking a trip there and learning all about life in India. Our topic in health is learning about healthy foods. We had a chance to make healthy snacks for our classmates - smoothies, apple slices and caramel sauce, and celery and cheese sticks. They sure tasted great! In Science, the students have been investigating and analyzing how materials have the potential to be changed. They are learning that solids, liquids, and gases have distinct properties and the water on Earth moves continuously in a cycle. Please be sure to check out our Tree of Knowledge when you are in the school. It's fun finding answers to all sorts of questions.







**FIRE PREVENTION DAY AT AMISK SCHOOL**  
**A BIG THANK YOU GOES OUT TO OUR LOCAL FIRE DEPARTMENTS FOR THE WONDERFUL PRESENTATION AND FOR INVITING US TO VISIT THE AMISK FIRE HALL!**







A Huge Thank You to Missoula Children's Theatre and the Hardisty K-Club! We were thrilled to welcome the talented team from Missoula Children's Theatre to Amisk School! They led engaging theater workshops for all of our students, creating an unforgettable experience filled with creativity and fun. We'd like to extend a heartfelt thank you to the Hardisty K-Club for making this unique opportunity possible for our school.





winter is coming

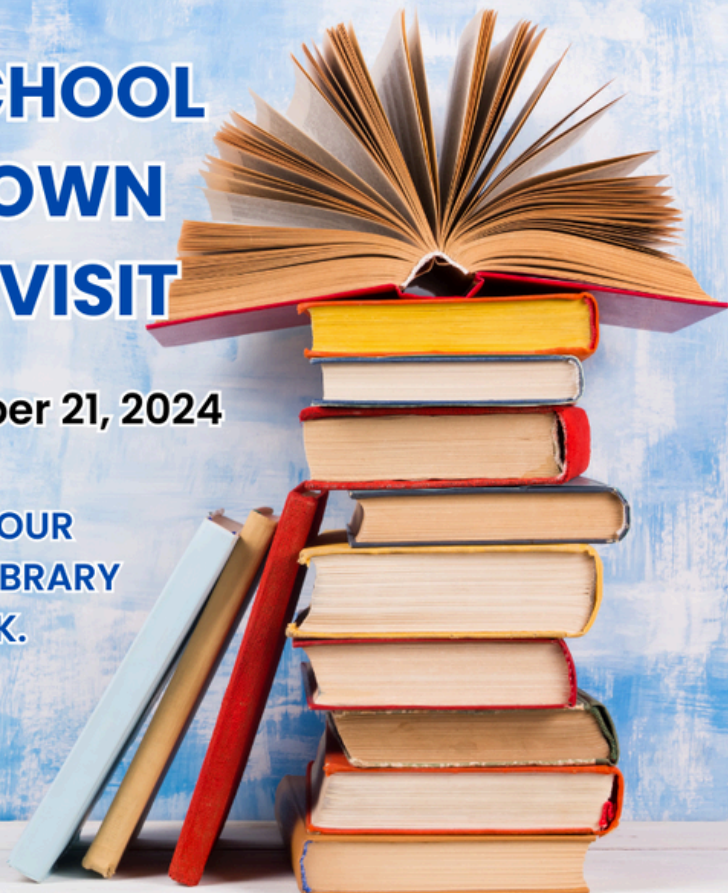


THE WEATHER IS CHANGING AND AS COOLER  
TEMPERATURES ARRIVE, PLEASE SEND  
APPROPRIATE CLOTHING AND OUTDOOR GEAR  
WITH YOUR CHILD.  
THANKS, AMISK SCHOOL

## AMISK SCHOOL DOWNTOWN LIBRARY VISIT

Thursday, November 21, 2024

PLEASE SEND YOUR  
CHILD'S PUBLIC LIBRARY  
BOOKS BACK.







THE



## AMISK CURLING CLUB

is seeking new members for the  
2024/2025 curling season starting in  
November!

Mens, Ladies, and Mixed league options  
dependent upon interest

For more info contact:

Pat Armitage 780-888-7554

Colette Johnson 780-856-3878

Wyatt Johnson 587-281-2117

Annual General meeting/registration date to  
be announced at a later date

FEEL LIKE YOU  
ARE MISSING  
OUT ON  
SCHOOL  
UPDATES?



AMISK SCHOOL

AT THE END OF LAST SCHOOL YEAR WE HAD TO CHANGE THE PROGRAM THAT WAS USED TO SEND OUT MESSAGES TO OUR FAMILIES. UP UNTIL NOW, WE HAVE NOT BEEN ABLE TO SEND OUT TEXT REMINDERS FROM THE SCHOOL.

A TEXT WILL GO OUT TO PARENTS FROM BTPS TODAY, THAT WILL ASK YOU TO TEXT Y TO 978337 TO OPT IN IF YOU WOULD LIKE TO START RECEIVING TEXT REMINDERS AGAIN. NO RESPONSE MEANS NO TEXT MESSAGES WILL BE SENT TO YOU.

IF YOU DO NOT RECEIVE A TEXT MESSAGE FROM BTPS, PLEASE PHONE THE SCHOOL AND WE WILL MAKE SURE WE HAVE THE CORRECT NUMBER ON FILE FOR YOU. THANKS!



**ATTENTION**



**AMISK  
PAC  
MEETING**

Friday, November 1, 2024  
9:15 AM



**Fighting off fall fatigue**

As we adjust back into the school routine, we may be tempted to reach for an energy drink to ward off an afternoon slump or early morning fatigue. While their marketed with claims of increased energy and improved concentration, what do we really know about energy drinks?

- Energy drinks can contain caffeine, added sugars and other stimulants.
- A single energy drink can contain 160-180mg of caffeine which is almost half of Health Canada's recommended daily intake for adults (400mg daily) and over the maximum amount recommended for children and youth (100mg daily).

**Effects of caffeine and sugar from energy drinks**

- Caffeine stimulates the central nervous system for up to 6 hours.
- Caffeine can increase blood pressure, irritability, restlessness, nervousness and contribute to difficulty sleeping, irregular heartbeat, headaches and tremors.
- Caffeine can affect how some medications work.
- One energy drink can contain up to 54 grams of sugar which is the same as 13.5 sugar cubes.
- The quick-digesting sugars in these drinks can lead to significant energy spikes and crashes.

**Risks of energy drinks**

- High amounts of sugar, which adds calories, and can increase blood sugar in those who have diabetes.
- High amounts of caffeine, which can make high blood pressure and abnormal heartbeats more likely in those who have heart problems.
- The caffeine in energy drinks may make it harder to sleep. Over time this can lead to sleep deprivation.
- Mixing energy drinks and alcohol together can make the effects of alcohol harder to notice. People may feel they are not as intoxicated as they really are and drink more.

**Talk to your children and youth about energy drinks and caffeine:**

- Have informed conversations about these drinks.
- Explain that energy drinks are not meal replacements and drinking them on an empty stomach can worsen side effects.
- Mixing energy drinks with alcohol can be dangerous.
- Encourage other ways to increase energy such as a consistent sleep schedule, regular physical activity and balanced eating.
- Make gradual steps to reduce intake instead of stopping abruptly as withdrawal symptoms can happen.

**MORE RESOURCES**

Visit [myhealth.alberta.ca](http://myhealth.alberta.ca) and search "Energy Drinks"



For information on mental health, community supports, programs and services in your area:



Addiction Services Help Line  
1-866-332-2322

Mental Health Help Line  
1-877-303-2642





# SCHOLASTIC

Welcome back to school students and families! The Scholastic Reading Club is now available for the 2023-24 school year. At the start of this month one member from each family should have received a paper copy of our scholastic flyer. The online version of the flyer (Digi-flyer) will be included in each month's newsletter as well as sent by email for easy online ordering.

**If you are new to Scholastic you will need to sign up an account online.**

To set up a new account, go to [scholastic.ca/rc/digiflyer](https://scholastic.ca/rc/digiflyer). On the left side click Reading Club, then click Create an Account. Follow the links and instructions. Purchases are by credit card; no more cheques are to be made to Scholastic Canada

**It is important to note Scholastic is no longer accepting payment by cheque; a credit card will now be required to pay for any Scholastic orders.**

## DID YOU KNOW?

By using the code **RC272526** you can support the Amisk School and help us to buy books for our students! All orders will require the code when you get to the cart to checkout and it will remain the same for the entire year.

All purchases will be sent directly to your home or the post office.

## Have Questions?

Be sure to contact Mrs. Flaade at the school by calling 780-856-3771!





## **Report cards and Parent Portal Information 2024-25**

**This year we will be continuing with online grade reporting. If you have not already please make sure you register to access your child's report cards by calling Ashley at the office!**

### **Frequently Asked Questions:**

- 1. Will there still be printed copies of report cards for each reporting period?  
No, there will not be printed copies of report cards sent home for each reporting period for Grades 1-3.**
- 2. When are the reporting periods for Kindergarten? There are 3 reporting periods; December, March and June.**
- 3. Will there still be Student-led Conferences (Parent-Teacher Interviews)? Yes, Amisk School and BTPS believe that parent-teacher communication is vital in our quest to maximize student learning. There will be interviews scheduled in the fall and spring.**
- 4. How do I get the information I need to set up a BTPS Parent Portal account?  
Contact your child's school to verify your e-mail address in our software program and let them know the child/children you are needing to set up an account for. The school will then request the Student Information Services Department to email the information to you.**
- 5. Do I need a different account for each child? No, you will be able to create one account, choosing your own username and password. Once you are logged in, you will be able to access all the children that you linked to the account.**
- 6. Can parents each have their own account? Yes, as long as the accounts are not created with the same email address.**
- 7. Can students access the portal? Yes, they log in to the same portal, but they use their BTPS network login. They do not need to request information to create an account and they only see their data, not data of siblings.**
- 8. Is the BTPS Parent Portal only available as web pages? No, there is also a mobile app called PowerSchool Mobile which is available for download in the App Store or on Google Play. Our district code for the app is GFST.**
- 9. What information can I see in the BTPS Parent Portal? You will be able to see attendance, marks, comments, teacher email addresses, BTPS Transportation fees and BTPS tuition fees (not individual school fees), student demographic information, public messages on the School Bulletin and general school information.**
- 10. Why is BTPS moving to electronic reporting of marks? There are a number of reasons:**
  - \* 24/7 access to mark and comment information will promote student-parent-teacher teamwork based on current assessment data.**
  - \* Mark and comment data will be accurate, timely and informative.**
  - \* Teachers will be commenting on individual assignments to give guidance for upcoming assignments: effective and timely feedback is a critical component of success.**
  - \* Alberta Education and post-secondary institutions are moving to electronic reporting and we want to help prepare parents and students.**

**For further information please contact the school at 780-856-3771.**

**Thank you, Amisk School Teaching Staff**