

# AMISK SCHOOL

I Can...You Can...We Can...Succeed!

SEPTEMBER  
2025

## Principal's Message

Dear Families,

As we wrap up September, I want to share how proud I am of the wonderful start we've had together this school year. Our school theme for the month has been Respect, and it has been inspiring to see our students learning what respect looks like in the classroom, on the playground, and with one another.

We've also had the chance to celebrate our students' achievements at our Basket of Greatness assembly, which is always a highlight. Everyone is settling into their school routines, building friendships, and creating a strong foundation for the year ahead. This month, we also came together to raise money for the Terry Fox Foundation, and we honoured the importance of Orange Shirt Day, reflecting on the message that Every Child Matters.

Looking ahead to October, we have lots of exciting learning and events planned! Our students will take part in fire safety and bus safety presentations and activities, we will be kicking off our hot lunch and breakfast programs, and we are thrilled to participate in the Amisk Fall Festival Time Capsule event on October 4<sup>th</sup>, where student items and writing will be buried in place of the previous time capsule. It will be a special opportunity to make memories for the future.

Thank you to all our families for your ongoing support. Together, we are creating a safe, caring, and respectful school community where our students can thrive.

Warmly,

Jeanene Dewald

Amisk SCHOOL MISSION:  
The mission of our school  
is to guide our students  
to achieving a successful  
education in a caring,  
safe and enriched  
environment.



Amisk School  
PO Box 70 Amisk, AB  
T0B 0B0  
PH: 780-856-3771  
Website:  
[www.btps.ca/amisk](http://www.btps.ca/amisk)

## Upcoming Events!

Check out all the exciting things happening at the Amisk School in the upcoming months

**Sep 30:** No School- National Day for Truth and Reconciliation

**Oct 2:** Lifetouch Fall photos

**Oct 4:** Opening of the Time Capsule at 3:00 PM

**Oct 7:** Safety on Board presentation

**Oct 9:** Subway Hot Lunch and Fire Safety presentation

**Oct 13:** No School- Thanksgiving

**Oct 14:** Village Library Visit

**Oct 16:** Hot Dog Hot Lunch

**Oct 23:** Mcdonalds Hot Lunch

**Oct 28:** BofG AT 11:08 AM

**Oct 30:** Kinder Halloween Party and Grilled Cheese Hot Lunch

**Oct 31:** Gr 1-3 Halloween Party



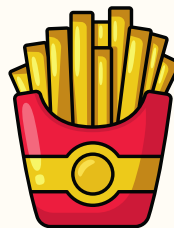
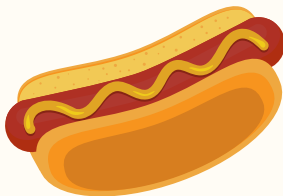
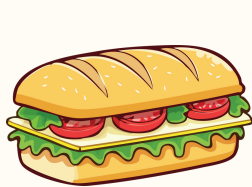
## AMISK SCHOOL INFO!

- PLEASE MAKE SURE TO CHECK OUT OUR WEBSITE [HTTP://AMISK.BTPS.CA/](http://amisk.btps.ca/) . HERE YOU CAN FIND A CALENDAR WITH IMPORTANT EVENTS, FORMS OR NEWS FROM THE SCHOOL.

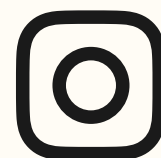
LIBRARY HAPPENS EVERY WEEK FOR STUDENTS IN GRADES K-3 ON TUESDAYS. PLEASE MAKE SURE TO RETURN COMPLETED BOOKS EACH WEEK SO YOUR CHILD IS ABLE TO SIGN NEW ONES OUT.

-AMISK SCHOOL IS A NUT AWARE SCHOOL. FOR MORE INFO CHECK OUR HANDBOOK ON THE AMISK SCHOOL WEBSITE.

OUR HOT LUNCH ORDERING IS NOW ONLINE!!!HOT LUNCH DAYS FOR THE MONTH ARE OCTOBER 9, 16,23, AND 30TH



FIND US ON,  
FACEBOOK AND  
INSTAGRAM







It was great to welcome BTPS superintendent Michelle Webb to our school this month. We always appreciate having members of our Central Office team visit our school, it gives us a chance to show off how awesome our students and staff are! Mrs. Webb visited all of our classes and got to meet our newest students, our kindergarten kids. Thanks again, Mrs. Webb, it was wonderful to see you!



Our halls have been buzzing with energy as students settle into the new school year. To celebrate coming back to school, our whole building came together for a Rock-Paper-Scissors battle, chalk and bubble fun, yard games, and icebreaker activities in the gym.







# earth rangers

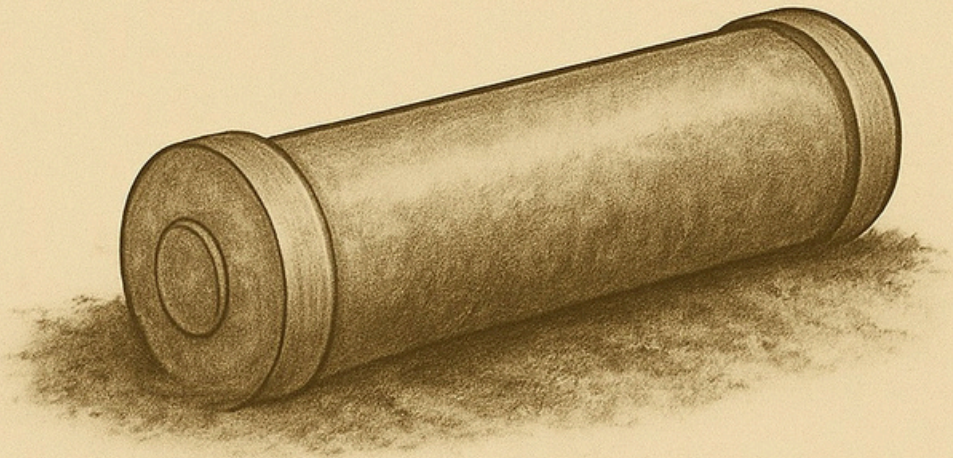
Amisk School is taking part in the Battery Blitz School Mission Contest! From October 1–31, we'll be collecting used household batteries to help protect wildlife and the environment.

Students, families, and community members are encouraged to bring in their used batteries (taped or in a clear bag) and place them in our collection boxes. The more batteries we collect, the better our chances to win up to \$3,000 for our school, plus, schools collecting over 750 kg win a \$250 pizza party bonus!





# **OPENING OF THE TIME CAPSULE**



**AT AMISK SCHOOL  
OCTOBER 4, 2025  
3:00 PM**

**A NEW TIME CAPSULE PUT TOGETHER  
BY AMISK SCHOOL STAFF AND  
STUDENTS WILL BE BURIED**





# AMISK SCHOOL

## PARENT ADVISORY COUNCIL

### WE CAN MAKE A DIFFERENCE

The Amisk School PAC is a volunteer group dedicated to enhancing the well being and effectiveness of the school community. We are focused on creating a better educational environment for everyone involved.



### OUR GOALS:

- To fundraise for educational enhancement
- To foster a sense of community
- To help fund and facilitate field trips and technology advancements for the students
- To amplify the voices of our parent group and keep parents informed
- To create an inclusive environment for all students to thrive



### How Can I Help?

We know every family's schedule looks different, so there are lots of ways to help out, big or small.

- Attend PAC meetings
- Supervise a monthly lunch hour recess
- Bring snacks for school events
- Help out with fun theme days
- Help organize fundraisers

Every bit of help makes a difference, and together we can create amazing experiences for our students.



### What Impact will I have?

In recent years, our PAC has proudly supported many wonderful opportunities at Amisk School. Thanks to volunteer efforts, we've been able to enhance student learning and experiences by funding technology upgrades, contributing to bussing and field trip costs, bringing in engaging curricular presentations, supporting Awards Day and the Christmas Concert, and even helping provide free school lunches.

**At Amisk School, our PAC helps open doors to new experiences and learning for every student**





# AMISK SCHOOL OPEN HOUSE WAS A GREAT SUCCESS!



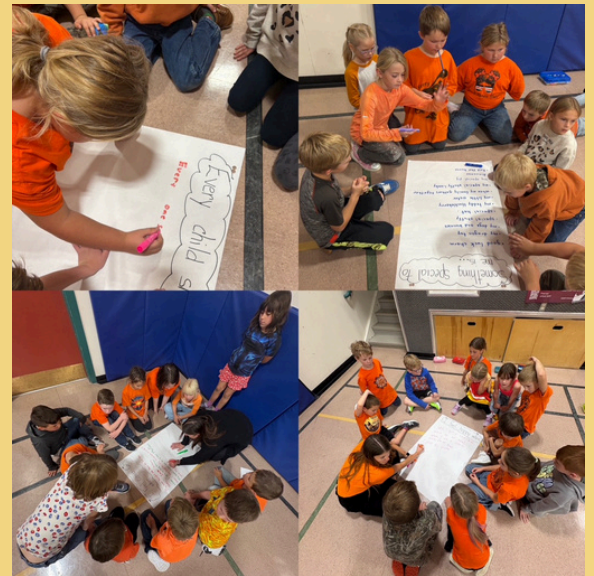




**AMISK SCHOOL RAISED A TOTAL  
OF \$2762 FOR THE TERRY FOX  
FOUNDATION!!!  
THANK YOU TO ALL WHO  
SUPPORTED THIS IMPORTANT WALK!  
WE ARE SO PROUD OF YOU ALL!**







♥ Orange Shirt Day & National Day for Truth and Reconciliation ♥  
 Amisk School students gathered to read Phyllis' Orange Shirt, share reflections through a Gallery Walk, and design orange shirts and bookmarks to show that Every Child Matters. We were also treated to delicious bannock made by a student and her mother, enjoyed by all.



Today and every day, we honor Survivors, their families, and Indigenous communities.





# BASKET OF GREATNESS

Thank you to everyone who came to our Basket of Greatness ceremony. It is important to continue to recognize the stellar students in our classrooms each month. Thanks again to the Amisk Public Library for your donation of books for our apple award winners!

**September 23, 2025**

## Kindergarten

James- He is a great addition to our class with his big smile and kind personality.  
Elliette- Great work in math and making patterns! She is very respectful in the classroom.

## Grade 1

Gwen- She is excellent in reading and writing. She is a kind friend.  
Gabriella- She always tries her best and is a good reader and writer.

## Grade 2

Sarah- Is respectful to everyone around her, she listens and has a kind heart.  
Emma- She has good manners and is considerate of other's feelings.

## Grade 3

Carter- He tries his best in class and always remembers his class jobs.  
Rowan-He has a positive attitude and is a great role model for all.

## Cub Coupons to

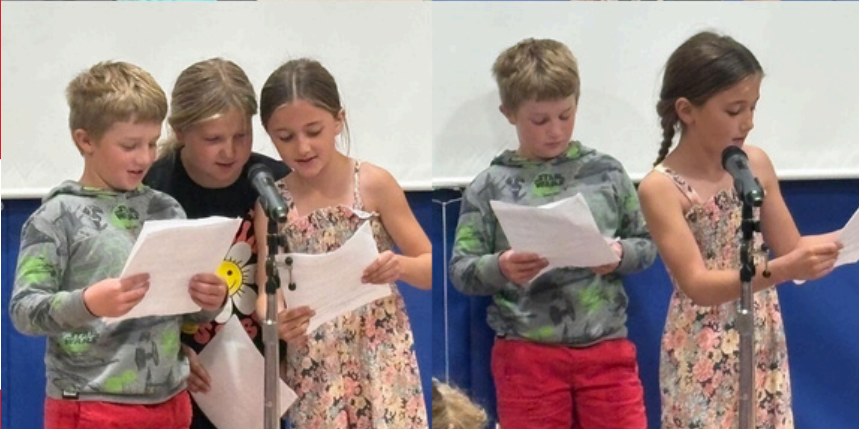
Beckett, Hayden, Jace, Josephine

Draw for Dollarama \$10.00 gift cards sponsored by NUTRIEN

James Rowan

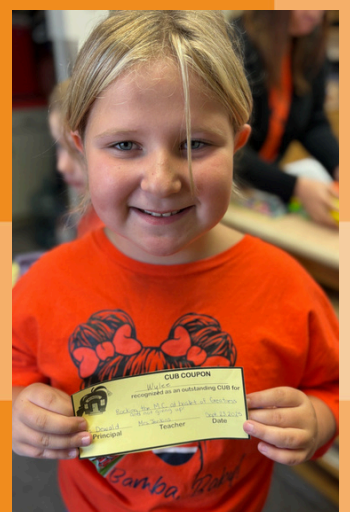
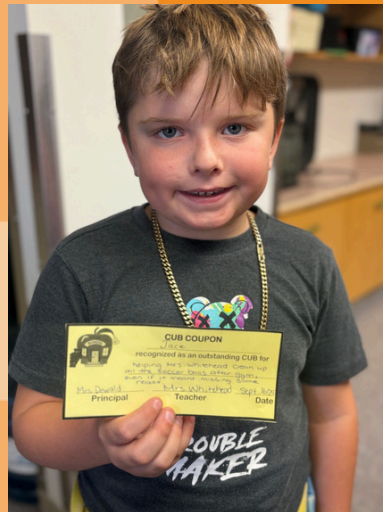
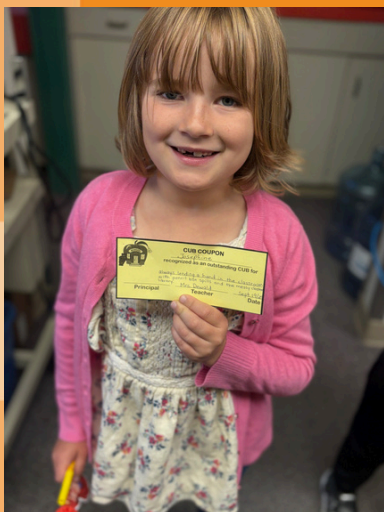
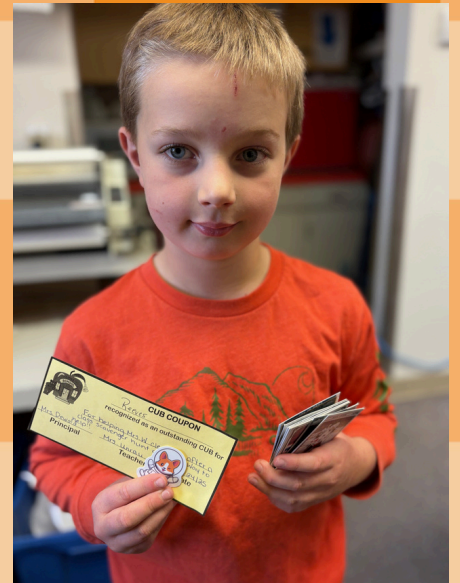
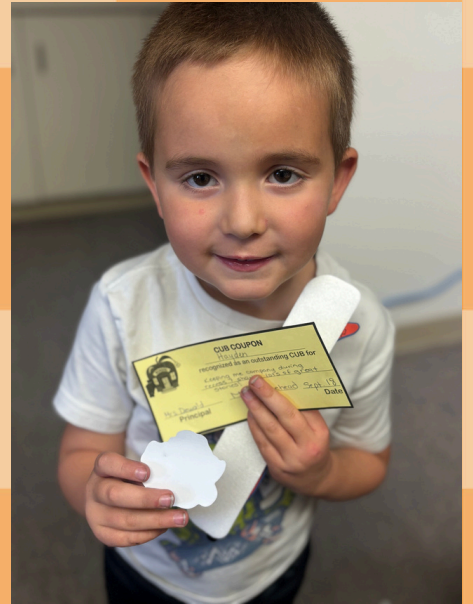
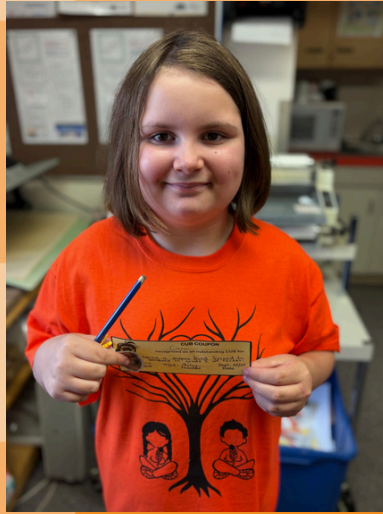
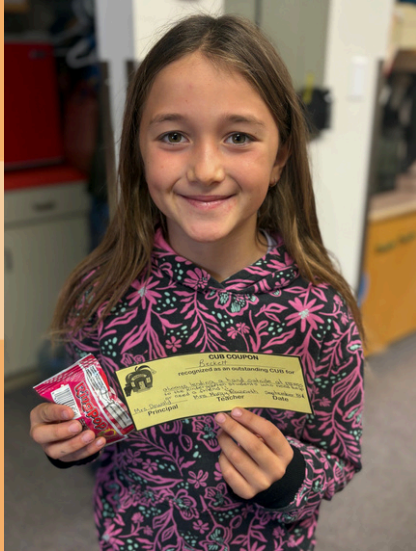
Entertainment by the Grade One Class  
MC by the Grade Three Class



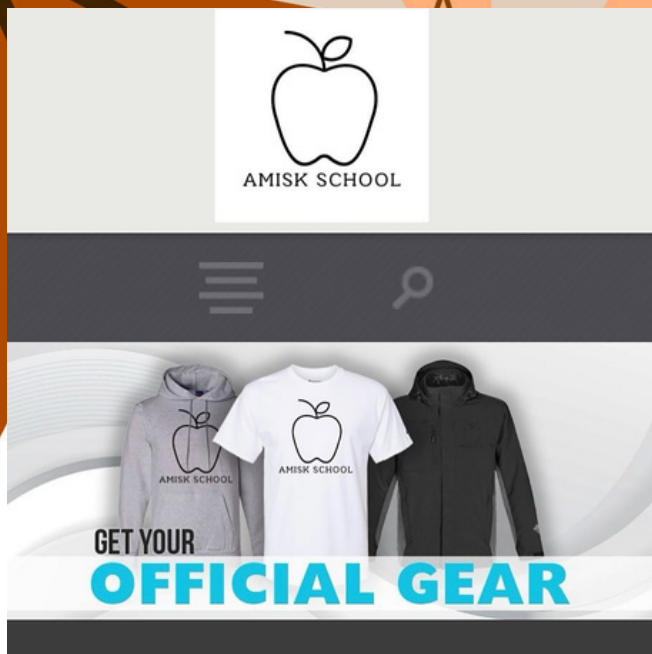




# Cub Coupons In September

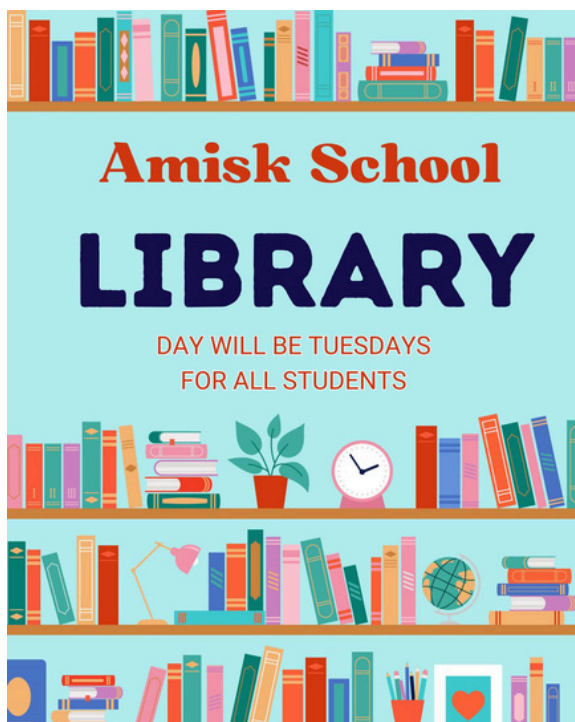






**DID YOU KNOW THAT AMISK SCHOOL HAS AN ONLINE SHOP WITH TONS OF AWESOME SCHOOL MERCHANDISE! CHECK IT OUT AND SHOW OFF YOUR SCHOOL PRIDE IN A NEW HOODIE OR HAT!!!**

**WE ARE SO EXCITED TO HAVE AXEL THE AXOLOTL AS PART OF OUR SCHOOL FAMILY!**



Amisk 4-H Club



CANADA  
4-H Alberta

**Amisk 4-H Club**

Invites you to:

**Registration & 1<sup>st</sup> Meeting  
of 2025-26 Year**

**October 5<sup>th</sup> 2:00 PM  
Amisk Curling Club**

Ages 6 & up welcome

For more information contact  
Shawna Blue  
780-252-0277





Amisk  
School  
**ART**





Learning about emotions from a young age is essential: it helps children build self-awareness, empathy, communication skills, and resilience — tools that last a lifetime. When a child can recognize emotions like joy, anger, love, or sadness, they're more able to express themselves in healthy ways and understand others. The Little Spot of Emotions series is especially helpful here: by giving each feeling a character and "voice," children can relate to these emotions concretely, learn normalizing language for what they feel, and begin to engage in emotional regulation earlier and more confidently.

**In rural Alberta, universal mental health services in the classroom are particularly important.** Even though there are many protective factors for students in a rural environment (close to family and community members most likely know your name), students often face unique barriers: fewer specialists nearby, longer travel distances to services, less anonymity in small communities, and sometimes fewer peer supports. **Having universal mental health supports built into every classroom ensures that all children—regardless of need, background, or geography—get access to tools to understand and manage their emotions, rather than waiting until things escalate.** Programs like Wow provide universal prevention and promotion of emotional health across rural communities.

**By combining early emotional education (like Little Spot of Emotions) with classroom-wide mental health services, rural schools can create safe, inclusive environments where every student feels supported, learns emotional literacy, and has better chances for academic success and well-being.**

I look forward to offering many more fun and engaging programs at the Amisk School. **If you have any questions, please feel free to reach out at [shannon.fife@btps.ca](mailto:shannon.fife@btps.ca).**



# CLASSROOM HAPPENINGS

## Kindergarten



September has been a beautiful month of warm weather, learning and lots of fun. The students are learning their uppercase letters and sounds in Literacy. In Math we have been working on making AB, ABB, ABC patterns. Wow they do wonderful with making patterns. In Social Studies we have been talking about being me, and communities. Our first unit in Science is following instructions, we have been playing some fun games. Good Job Kindergarten following instructions. We have been playing a lot of tag games, exploring with the hula hoops and bean bags in Gym class. October will be a busy month with lots of activities planned. I have enjoyed meeting all of the parents and you wonderful children! Have a great month!!





# CLASSROOM HAPPENINGS

## Grade 1



WOW!!! Where did September go? We have been very busy in grade one this year refreshing our memories of numbers to ten and our letter sounds. With our letter sounds we have been using them to sound out and spell words that contain short a,i, and o sounds. Every day we write something about our day in our agenda. We have made so much progress in our letter formations and neat printing. In the gym, we have explored cooperative games and are now developing our soccer skills. In science we are learning about the scientific method so we have been doing some cool investigations. In social we are learning about landmarks. I'm excited to see how our learning will grow in September.



# CLASSROOM HAPPENINGS

## Grade 2



It has been a great first month of school! In grade 2 we have been busy learning about one another and the new rules and routines of the classroom. In Math, we've been learning all about time! We practiced connecting events to calendar dates, comparing if something is longer or shorter, and even measuring time in different ways. We also learned about winter counts, special calendars that First Nations peoples used to remember important events. Next month, we'll be diving into numbers to 100, where we will work toward a solid understanding of place value.

In Social Studies, we've been exploring maps and globes. We used words like near, far, north, south, east, and west to describe where places are. We have also been learning all the provinces and territories of Canada, including the capital cities. Soon, we'll start learning about the different physical regions of Canada.

In Science, our topic has been 'materials.' We've been learning and testing out all kinds of materials to see if they are see-through (transparency), absorb water, bend and shape easily (malleability), or reflect light (reflection). Up next, we'll learn about natural and processed materials and see how First Nations, Métis, and Inuit peoples have used natural materials to make useful objects like baskets, canoes, and tools. We are looking forward to a fantastic month of learning in October!





# CLASSROOM HAPPENINGS

Grade 3



Welcome Back to school everyone! It has been a fantastic, fun filled start to the school year. This month we have been learning classroom routines and earning class cash for our first auction! In Language arts students have been working to build their Daily 5 stamina when reading, writing and spelling. We have dove into morphology and the suffixes and affixes that change the meaning and spelling of words. We have also enjoyed listening to the story “A Stranger at Home”, about a young girl named Olemaun and her return to her family from residential school. In Social Studies we have been learning all about Alberta and the treaties that were created long ago. Students wrote and starred in a special land acknowledgement video that we will present at the Basket of Greatness awards this year. In Science we have been learning all about how scientists ask questions, research and conduct experiments to learn new things. Math is all about patterns and number sequences, and creating patterns that follow a rule. Soon we will begin preparing a writing piece for the time capsule that will be buried in front of our school for the next 25 years! We are looking forward to exciting events in October like bus safety, fire safety and Halloween!





### What is Stigma?

One of the biggest reasons people don't get help for substance use or mental health is stigma. That means they're judged or treated unfairly because of false beliefs or stereotypes. This can further isolate someone who is struggling with substance use and/or mental health.

Words matter. Changing our words can encourage more compassion.

Stigma is not only hurtful, but it has real-life consequences.

### Family tips for building communication and language skills

Keep messages simple

Help your children get the facts

**Be calm** when speaking to your kids

**Be prepared** before having a difficult conversation

**Don't assume** you know what is going on or has happened

**Check in** regularly with your kids to connect better

**Look for the good** in each other

**Empathy and listening** helps to see each other's perspective and to increase understanding.

**Be kind** - to yourself and others

### Ways to help your family reduce stigma:

Encourage your family to talk openly about addiction and mental health  
Use supportive language  
Speak out to correct myths and stereotypes  
Educate yourself, your family, and others

Tackling stigma is important as it creates trust and encourages people to express their feelings and seek treatment.

### Tackle stigma through the words you choose

Use positive and respectful language

Avoid stereotypes and labels

Use person-first language to focus on the individual rather than the illness, disability, condition, or behaviour

#### Stigmatizing Language:

This drives me crazy

This is nuts

Mentally ill/insane person

Addict or junkie

#### Respectful Language:

This bothers me

This is interesting/strange

Person living with a mental illness

Uses substances or person with a substance use disorder

### MORE RESOURCES

[Language Matters](#)

[Mental Illness Awareness Week](#)

[Resources - FamilySmart](#)

[Why Words Matter](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line  
1-866-332-2322

Mental Health Help Line  
1-877-303-2642



# YOUTH MENTAL HEALTH CLINIC



905B – 3<sup>d</sup> Avenue  
Wainwright, AB  
T9W 1C5

**Phone: 780-842-6676**

**Fax: 780-842-6685**



**\*\***  
Youth experiencing active suicidal thoughts should proceed directly to the local ER or call 911  
**\*\***

## PURPOSE

To provide timely access, treatment, and coordination of youth mental health services in our community

## PROVIDERS

CanREACH trained physician

## WHAT IS CanREACH?

A mini-fellowship training program for primary care providers in pediatric mental health

**We are accepting referrals for youth  
AGES 5-21**

The clinic will focus on:

DEPRESSION	ANXIETY	ADHD	LEARNING DIFFICULTIES	OTHER MENTAL HEALTH CONDITIONS
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Referrals accepted from schools, community agencies or by self-referral.  
Please call 780-842-6676 for more information or to obtain a referral form.

**\*\*Self-referral can be done by phone (780-842-6676) without needing to submit a form.**





# November Education Sessions

Fall 2025

These free adult sessions are intended to provide community members with information and strategies regarding addiction and mental health challenges that can affect us all. When topics are presented as a series, participants can attend one or all sessions.

## Understanding Anxiety Series

### Part 1: An Introduction

This session will distinguish between normal worries and anxiety that is no longer helpful or productive and will help participants to identify signs that they or their child/youth may be experiencing anxiety.

**Date: Monday, November 3, 2025**

**Time: 12:00 – 1:00 pm**

For adults supporting their own wellness or the wellness of children and youth.

### Part 2: Calming Our Bodies

In this session, we will review how the body reacts to stress triggers, ways we can start to notice the body's stress responses, and strategies for regulating ourselves, children, and youth.

**Date: Monday, November 10, 2025**

**Time: 12:00 – 1:00 pm**

For adults supporting their own wellness or the wellness of children and youth.

### Part 3: Settling Our Minds

In this session, we will look at how anxiety can lead to negative thoughts and thinking traps that can hold us back. Strategies for encouraging more realistic thinking will be discussed.

**Date: Monday, November 17, 2025**

**Time: 12:00 – 1:00 pm**

For adults supporting their own wellness or the wellness of children and youth.

### Part 4: Overcoming Avoidance

In this session, we will discuss how avoidance of stressors can increase our stress response over time. We will discuss ways to manage stressful situations in steps and effective coping skills.

**Date: Monday, November 24, 2025**

**Time: 12:00 – 1:00 pm**

For adults supporting their own wellness or the wellness of children and youth.

## Registration:

Sessions are offered online through the Zoom conferencing application.

A link to access the online session will be sent by email to those who have registered for the session.

To register, click [HERE](#) or go to:

[www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)

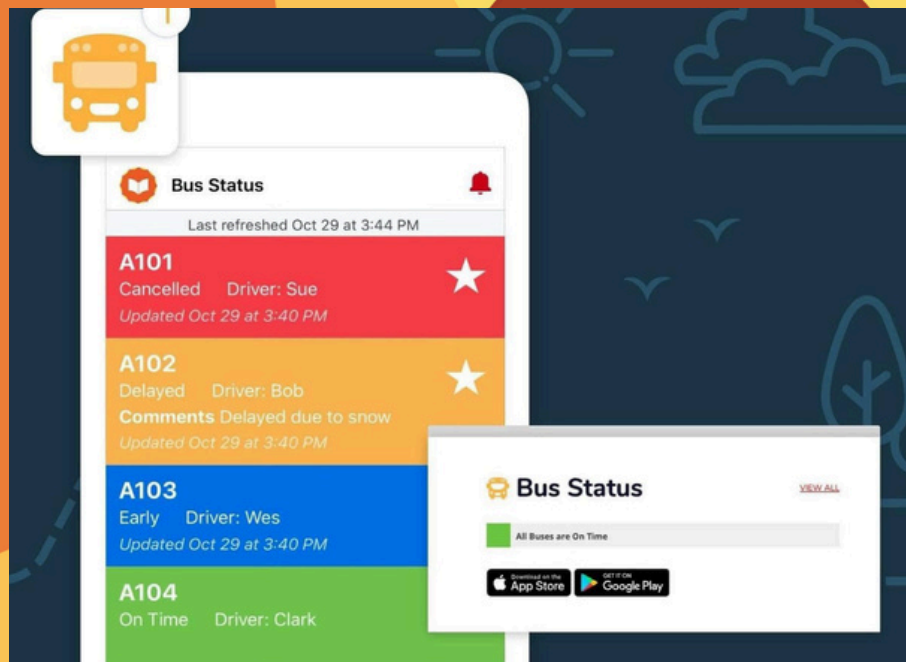
## Participant Feedback

"[The facilitators] were awesome and engaging so well with us...keep up the great work. Thank you."



Professional Practice & Education Services  
Edmonton

For more information, visit [www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)



**DID YOU KNOW YOU CAN QUICKLY CHECK YOUR BUS STATUS?  
 DOWNLOAD THE BUS STATUS APP! SELECT BTPS FAVOURITE YOUR BUS  
 ROUTES, GET INSTANT NOTIFICATIONS FOR CANCELLATIONS OR  
 DELAYS! THE STATUS OF BUS ROUTES WILL ALSO BE DISPLAYED ON OUR  
 WEBSITE. [WWW.BTPS.CA](http://WWW.BTPS.CA)  
[HTTPS://WWW.BTPS.CA/DEPARTMENTS/TRANSPORTATION/BUS-  
 STATUS-APP](https://www.btps.ca/departments/transportation/bus-status-app)**

**FEEL LIKE YOU  
 ARE MISSING  
 OUT ON  
 SCHOOL  
 UPDATES?**



AMISK SCHOOL

AT THE END OF LAST SCHOOL YEAR WE HAD TO CHANGE THE PROGRAM THAT WAS USED TO SEND OUT MESSAGES TO OUR FAMILIES. UP UNTIL NOW, WE HAVE NOT BEEN ABLE TO SEND OUT TEXT REMINDERS FROM THE SCHOOL.

A TEXT WILL GO OUT TO PARENTS FROM BTPS TODAY, THAT WILL ASK YOU TO TEXT Y TO 978337 TO OPT IN IF YOU WOULD LIKE TO START RECEIVING TEXT REMINDERS AGAIN. NO RESPONSE MEANS NO TEXT MESSAGES WILL BE SENT TO YOU.

IF YOU DO NOT RECEIVE A TEXT MESSAGE FROM BTPS, PLEASE PHONE THE SCHOOL AND WE WILL MAKE SURE WE HAVE THE CORRECT NUMBER ON FILE FOR YOU. THANKS!





# SCHOLASTIC

Welcome back to school students and families! The Scholastic Reading Club is now available for the 2025-2026 school year. At the start of this month one member from each family should have received a paper copy of our scholastic flyer. The online version of the flyer (Digi-flyer) will be included in each month's newsletter as well as sent by email for easy online ordering.

**If you are new to Scholastic you will need to sign up an account online.**

To set up a new account, go to [scholastic.ca/rc/digiflyer](https://scholastic.ca/rc/digiflyer). On the left side click Reading Club, then click Create an Account. Follow the links and instructions. Purchases are by credit card; no more cheques are to be made to Scholastic Canada

**It is important to note Scholastic is no longer accepting payment by cheque; a credit card will now be required to pay for any Scholastic orders.**

## DID YOU KNOW?

By using the code **RC272526** you can support the Amisk School and help us to buy books for our students! All orders will require the code when you get to the cart to checkout and it will remain the same for the entire year.

All purchases will be sent directly to your home or the post office.

## Have Questions?

Be sure to contact Mrs. Flaade at the school by calling 780-856-3771!





## **Report cards and Parent Portal Information 2025-2026**

**This year we will be continuing with online grade reporting. If you have not already please make sure you register to access your child's report cards by calling Ashley at the office!**

### **Frequently Asked Questions:**

- 1. Will there still be printed copies of report cards for each reporting period?  
No, there will not be printed copies of report cards sent home for each reporting period for Grades K-3.**
- 2. Will there still be Student-led Conferences (Parent-Teacher Interviews)? Yes, Amisk School and BTPS believe that parent-teacher communication is vital in our quest to maximize student learning. There will be interviews scheduled in the fall and spring.**
- 3. How do I get the information I need to set up a BTPS Parent Portal account?  
Contact your child's school to verify your e-mail address in our software program and let them know the child/children you are needing to set up an account for. The school will then request the Student Information Services Department to email the information to you.**
- 4. Do I need a different account for each child? No, you will be able to create one account, choosing your own username and password. Once you are logged in, you will be able to access all the children that you linked to the account.**
- 5. Can parents each have their own account? Yes, as long as the accounts are not created with the same email address.**
- 6. Can students access the portal? Yes, they log in to the same portal, but they use their BTPS network login. They do not need to request information to create an account and they only see their data, not data of siblings.**
- 7. Is the BTPS Parent Portal only available as web pages? No, there is also a mobile app called PowerSchool Mobile which is available for download in the App Store or on Google Play. Our district code for the app is GFST.**
- 8. What information can I see in the BTPS Parent Portal? You will be able to see attendance, marks, comments, teacher email addresses, BTPS Transportation fees and BTPS tuition fees (not individual school fees), student demographic information, public messages on the School Bulletin and general school information.**
- 9. Why is BTPS moving to electronic reporting of marks? There are a number of reasons:**
  - \* 24/7 access to mark and comment information will promote student-parent-teacher teamwork based on current assessment data.**
  - \* Mark and comment data will be accurate, timely and informative.**
  - \* Teachers will be commenting on individual assignments to give guidance for upcoming assignments: effective and timely feedback is a critical component of success.**
  - \* Alberta Education and post-secondary institutions are moving to electronic reporting and we want to help prepare parents and students.**

**For further information please contact the school at 780-856-3771.**

**Thank you, Amisk School Teaching Staff**